

# Free Seniors Fitness Classes!

The Eastern Goldfields Community Centre,  
in conjunction with the Goldfields Oasis, is offering  
**FREE FITNESS CLASSES FOR SENIORS OVER 60!**

Classes start at 1pm on 1 October 2018  
At the Goldfields Oasis  
99 Johnston Street, Kalgoorlie



1  
OCT

**Gym Induction  
& Gym Circuit**

29  
OCT

**Boxing**

8  
OCT

**Gym Circuit**

5  
NOV

**Boxing**

15  
OCT

**Body Balance**

12  
NOV

**Functional Fitness**

22  
OCT

**Body Balance**

19  
NOV

**Functional Fitness**

This opportunity has been made possible with funding from the Department of Local Government, Sport and Cultural Industries as part of the Let's Get Moving Program being offered by the EGCC.  
Call the EGCC on 9021 9800 to book your place today!