

# Free 2023 Seniors Expo

Monday 26 June | 10am-3pm Eastern Goldfields Community Centre

### **Event Program**

#### 10:00am - 10:40am

## Official Opening of the Seniors Expo

Hear from Mayor Bowler and Rebecca McIllroy, Director – Country WA and Health Engagement, Australian Government Department of Health and Aged Care.

### 10:40am - 11:15am

### Mix, mingle and connect with Service Providers

Discover and connect with service providers across the healthcare and community sectors who specialise in seniors care.

#### 11:15am - 11:30am

### Tour the CY O'Connor Men's Shed

Take a look around at the facility and see how the Shed can help you complete your projects.

#### **Salt Lake Shanty Men Performance**

Sit back and relax with their beautiful tunes at the Eastern Goldfields Community Centre.

### 11:30am - 12:30pm

Free BBQ Lunch at the Men's Shed

### 12:30pm – 1:15pm

### Mix, mingle and connect with Service Providers

Learn about care options, speciliased services for visual impairment and resources for maintaining independence.

### 1:00pm - 3:00pm

#### **Ladies in the Shed**

Don't let the name fool you, the Shed is for ladies too! Join this free workshop for an introduction to the tools with a small project.

For more information visit ckb.wa.gov.au/seniorsexpo